

THE PRESS

Bible Study Method

A daily disciple chooses to PRESS into God's Word, every day, in pursuit of His voice and His direction. Here is a simple method to help PRESS into His Word and His Spirit more effectively each morning.

PREPARE

your Heart

Pray to invite the Spirit to open your eyes, soften your heart and give you understanding.

STEPS to PREPARE

- "Incline my heart to your testimonies and not to selfish gain." (Ps. 119:36)
- "Open my eyes that I may behold wonderful things out of your law." (Ps. 119:18)

READ

the Text

Read the day's passage of Scripture carefully, highlighting as you go.

STEPS to READ

- Take note of anything that jumps out to you.
- Highlight key words or phrases.
- Pay attention to repetition.
 - Watch for actions, commands or warnings.

EXAMINE

it Further

Delve deeper into the text you just read by asking **The 4 Questions:**

STEPS to EXAMINE

- What did it mean to THEM?
 - What does it say about GOD and His character?
- What does it say about US and our need?
 - Watch does it call us to DO / AVOID?

SEEK

to Apply

Invite the Lord to speak to you about applying the text using **the these questions:**

STEPS to SEEK

- "Lord, how are you calling me to LIVE for Christ?"
- "Lord, how are you calling me to DIE to Self?"
- "Lord, how are you calling me to GIVE my life in service to others?"

SUBMIT

every-thing to Him

Submit your life and your needs to Him along with those of your friends and family.

STEPS to SUBMIT

- Submit your concerns & needs to Him in prayer.
- Pray for those who are hurting.
 - Pray for the lost.
- Submit your day to God and ask to be used in His work in the world.