

6: Present Your Body

Accompanies the 2/14/2021 Sermon

BIG IDEA

God calls us to daily put to death the desire of the flesh and instead to present our bodies to Him that they might be used for righteousness. As disciples, that requires a willingness to “put to death” the desires of our body in order to pursue the freedom to live into the grace that God offers.

GETTING STARTED

Use the following questions to break the ice and begin your group discussion together:

- *What is something that you have learned to do in your life that you once did completely wrong before you learned the right way to do it? Maybe a sport that you learned a proper technique to that you once did wrong, or something in cooking, music, art, or another hobby.*
- *Once you have learned the proper technique and have gotten better at that thing... would you ever go back to doing it the wrong way? And why or why not?*

SEARCH THE SCRIPTURES

Read the following Scriptures together and then use the questions below (or any you wish to add) to discuss the text and unpacking its meaning.



Have someone in your group read **Romans 6:1-14**.

- What do you know about the book of Romans? Who was it written to and why was it written?

LEADERS NOTE:

Be prepared for this question to stump your group! That said, even though your group may not be able to answer this question, we believe it is important that they hear it asked. Every time we study a passage we must consider its context (who it was written to and why it was written) so that we don't take a passage out of context and wrongly apply it to our lives. A big part of our job as leaders is modelling proper Bible study... so **do** ask this question but be prepared to answer it for your group using the material provided below.

- What is Paul's main point? Summarize it in your own words.

i The CONTEXT of Romans:

Romans was written to a group of Jewish and Gentile believers in Rome who had not yet received the full articulation of the Gospel. Rome was known to be the center of the known world and a strategic place to expand the Kingdom work of the Gospel and of Paul. Paul lays out a full explanation of the Gospel and its impact on our thinking and living in Christ.

- In verses 1-7 Paul speaks of us being united with Jesus in his death. What do you think it means that we are united with Jesus in his death and that we have been set free from sin?
- In verses 8-14 Paul talks about us being dead to sin and alive to God. What do you think it means to be alive to God in Jesus?
- What does Paul point to as an action that we are called to do from this death and life in Jesus?

GETTING PRACTICAL

Discuss the following questions together as a group, giving particular thought to how we are called to live based on what the Scriptures have said.

1. What do you think about this call to die to the flesh and to sin in your life? Does this seem attainable? Why or why not?

2. Where does the power come from according to this passage to die to self and to present ourselves to God for righteousness? How can we receive this power?

3. Practically speaking, what does it look like for you to DIE to self and LIVE for Christ in light of this passage?