

5: Die Daily

Accompanies the 2/7/2021 Sermon

BIG IDEA

The call of Christ is not simply a call to come but also a call to deny ourselves and die daily. As disciples, that requires a willingness to “put to death” the desires of our flesh in order to pursue the greater things that God desires for us.

GETTING STARTED

Use the following questions to break the ice and begin your group discussion together:

- *Share with the group something that you know you shouldn't eat but you just can't help enjoying whenever it's around?*
- *We don't live in a culture that encourages self-denial and yet this idea is very much present in Scriptures. Put in your own words what you think it means to “Die to Self”?*

SEARCH THE SCRIPTURES

Read the following Scripture together and then use the questions below (or any you wish to add) to discuss the text and explore its meaning.



Have someone in your group read **1 Peter 4:1-6**.

- What stood out to you in this passage? In your own words, summarize Peter's main point.



The CONTEXT of 1 Peter:

1 Peter was written to Christians dispersed across the Roman Empire who were suddenly finding themselves opposed and unwelcomed for their faith. Peter writes to encourage them to stand strong in the midst of opposition by continuing in godliness and good deeds for the sake of bringing glory to God even in the midst of suffering.

- In verse 1 Peter calls us to “*arm ourselves with the same way of thinking*” as Jesus. What do you think that way of thinking is? How does 1 Peter 2:23-24 help inform our understanding of Christ’s posture and ‘thinking’?

- Repeatedly in this passage Peter calls us to “cease from sin” and “live no longer for human passions.” Practically speaking, what does it look like to “cease from sin?” How do you do that?

- Have someone in the group read **1 Peter 4:7-8**. How might Peter’s words here help inform our understanding of how to “cease from sin?” What do you think it means to be ‘sober-minded’?

GETTING PRACTICAL

Discuss the following questions together as a group, giving particular thought to how we are called to live based on what the Scriptures have said.

1. When you think about the need to ‘die daily’ to the old life, what does that look like for you personally? What are some of the things you seek to do to help you die to the old and live into your life with Christ?

2. What advice would you give to someone who gave their life to Christ but is discouraged that their old desires haven’t ceased? How would you coach them forward in their faith?

3. What is it in your life that you are constantly having to surrender to God and seek help in defeating? Take the time to pray for one another as you close.