



Women's Spring 2018 Morning LifeClasses Jan 23rd - May 1st

- **Esther by Beth Moore / Breathe by Priscilla Shirer**
Taught by Bevin Caramello

***Esther: It's Tough Being a Woman* - ISBN: 1415865965**

This study takes a very personal examination of this great story of threat and deliverance as it peels back the layers of history and shows how very contemporary and applicable the story of Esther is to our lives today. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the Bible study for you. Just as it was tough being a woman in Esther's day, it's tough today. This portion of God's Word contains treasures to aid us in our hurried, harried, and pressured lives.

***Breathe: Making Room for Sabbath* – ISBN: 1430032340**

This study is focused on Sabbath. One of the greatest challenges amount women in our culture is taking time to cease from all the activities and just breathe. By neglecting time for tranquility, serenity, and repose, we limit our Christlikeness and miss out on some of God's greatest gifts. In the Old Testament, Sabbath was given to the Israelites as a gift, and it is still a gift to us today.

- **Numbers / Joseph by Melissa Spoelstra**
Taught by Rosalind Walker

***Numbers: Learning Contentment in a Culture of More* – ISBN: 1501801740**

This study compares our own dissatisfaction with our life circumstances to the grumbling of the Israelites as God leads them out of slavery. By exploring Numbers, we can come to identify the reasons for our complaining, learn contentment while being authentic about the difficulties of life, accept short-term hardship in light of the greater good of God's ultimate deliverance, recognize the relationship between complaining and worry, and discover how to realign with God's character and promises.

***Joseph: The Journey to Forgiveness* – ISBN: 1426789106**

This study explores what God has to say to us about grace and forgiveness through Joseph's story of trial and triumph found in Genesis 37-50. In examining his dreams, his betrayers, his dysfunctional family, his struggle to forgive, and his journey toward reconciliation, we'll find truths that echo into our own personal situations.

- **James: Mercy Triumphs by Beth Moore**
Taught by Randi Fass

***James: Mercy Triumphs* - ISBN: 141587171X**

This study takes the book of James and sheds light on what it means to live a life wholly and pleasing to God. It approaches topics of joy, hardship, faith, reversal of fortunes for rich and poor, wisdom, gifts from above, single-mindedness, the dangers of the tongue, humility, and prayer.

- **Matters of the Heart**
Taught by Iris Barno

Women play a key role in the story of God's love and redemption, of His people Israel, and His people through Christ. This study explores the stories of the many women we see in the Bible. Some stories serve as caution for us, while others encourage and empower us to live out the call on our lives.